



COVID-19 RULES AS OF APRIL 2021

Port Hope Racquet Club (the "**Club**") is implementing the following **rules for the protection of its members** as we emerge gently from the COVID-19 crisis. These protective measures will apply to all tennis play until further written notice is posted on the Club's website and at the courts:

For all tennis players:

- Players must stay at home and **must not play tennis at the Club if they are not feeling well**, are exhibiting any COVID-19 symptoms or have returned from abroad in the last 14 days.
- Players must promptly **report to a league co-ordinator** and a member of the Club executive if they suspect they have or exhibit any COVID-19 symptoms.
- **League co-ordinators are to keep a record** what players have played together on each court in each session to permit tracing if someone contracts COVID-19.
- Players should remain at least **2 metres apart** from one another and have no physical contact (such as a post-match handshake). Players should **arrive at least 10 minutes before their scheduled match** or lesson and not socialize or hang around the facility afterwards.
- Other than coaches, there must be **no more than 4 people on a tennis court**.
- Players are welcome to wear **face masks** as additional protection while playing doubles and they should go around opposite sides of the net at **changeovers**.
- Players on **each court will use separate sets of balls** from those on other courts (and mark them clearly prior to play). **New balls** are to be used on each court for every session of organized league or tournament play.
- **Used tennis balls are only to be used for play on other occasions after the balls have sat idle for at least 3 days**, as we are told that the virus can survive on inert surfaces for up to 3 days. A system will be devised to keep track of this.
- **Hand contact with balls should be minimized**, other than when serving. Players are encouraged to use their racquet or foot to push balls back.
- All tennis balls used by a player who is suspected being infected by COVID-19 are to be immediately replaced and taken out of use.
- Players should **not share equipment** (racquets, towels, water bottles, etc.) and are to bring their **own water bottles and snacks** - the Club will not supply them.

- Matches should be played without spectators nearby.
- Players are encouraged to wash their hands regularly, use hand-sanitizer liberally and adopt proper hygiene practices. The Club will endeavour to have hand sanitizer courtside which must be applied prior to playing and handling tennis balls.
- Players should be aware that the Town Park Recreation Centre and its washrooms will be closed, at least initially.
- During tennis play, the gates at the west end of the courts are to be left open to minimize physical contact with them.
- The ball machine will not be available for use.
- Failure to comply with these protective measures is a very serious matter for the Club and will, in the discretion of the Club executive, result in termination of the player's membership for the 2020 season without refund of fees paid.
- Players (a) agree to abide by these rules and (b) acknowledge that they are choosing to play tennis at their own risk, which includes the possibility that they may contract COVID-19 despite complying with these protective measures. All Club members on behalf of themselves and their families release the Municipality of Port Hope, the Club and its executive from any damages, claims or causes of action they may be able to assert as a result of their contracting COVID-19.

For Coaching and Lessons:

- Coaches will use their best efforts to ensure that players physically distance and comply with the foregoing rules applicable to all tennis players.
- There will be a maximum of 4 players per court plus the coach and coaches should position the players in designated and well spaced-out stations.
- Coaches will limit the use of equipment such as cones and targets.
- As much as possible coaches must try to remain on the same court.
- Players are to use the cylinders provided to pick up tennis balls during lesson to minimize players touching them. If a coach must share baskets of balls with another coach who is not from the same household, each coach will wear a glove on the hand used to handle the balls.